



Government of Western Australia
Department of Health



TRACS WA E-BULLETIN – March 2020

TRACS WA is the Western Australian Department of Health's
premier subacute care training unit

MESSAGE FROM THE TRACS WA COORDINATOR

Dear Colleagues,

Belated happy new year and happy International Year to all of our Nursing and Midwifery Colleagues. It is hard to believe that the first quarter of the year is almost over. We are in the process of appointing a new Unit Coordinator and look forward to being able to make an announcement shortly.

We acknowledge that this is an uncertain and stressful time for people working in health care with the rapid escalation of the COVID19 health crisis. TRACS WA are no longer able to run face to face training, but we have several virtual options on offer in the next few months. We are receiving regular advice and updates as the situation unfolds. We will email people who have registered in any upcoming VC training to advise if it cannot proceed. We are also continuing to develop our suite of online training. I encourage those of you who might be having unexpected extra time at home to explore what we have to offer on our website.

'Feel Good February' may be over, but it is certainly still a good time for random acts of kindness to each other. We encourage you to be extra aware of your own emotional wellbeing and that of your colleagues and patients/families at this time.

We've started off the year well, delivering a number of subacute care and older adult learning programs at Fremantle Hospital and SJOG Mt Lawley.

We have plenty of capacity to add additional training dates, so please get in touch if you would like us to deliver some VC based training to your staff, or if you have an idea about an area of training need in subacute care. We are very keen to partner with you to develop clinically useful resources.

Our very popular Aboriginal Person Centred care module recently ran two sessions at Fremantle Hospital on the same day, both of which were fully subscribed. This module is always co-facilitated with an Aboriginal and Non-Aboriginal presenter using powerful personal experiences, case studies and workshop activities. We acknowledge with gratitude the ongoing role of the Aboriginal Health Strategy Directors, and their teams, in enabling us to co-present this valuable training to clinicians working in subacute care.

The 14th Cardiac Rehabilitation and Secondary Prevention (CRSP) videoconference session was held recently. This session provided an overview of the management of heart failure and an introduction to our 'about to be released' Heart Failure e-learning modules. The recording will be available shortly [here](#). In collaboration with Rural Health West we are also looking into developing some podcasts on topics related to cardiac rehabilitation and cardiorespiratory conditions.

We have a very exciting one off VC event happening on Friday 27th March, 8.30-12.00 showcasing innovation and encouraging networking and exchange of ideas about the use of telehealth and digital strategies to improve rehabilitation service delivery across WA. We will have virtual presentations by telehealth experts from Queensland and Tasmania, and local examples of innovative practice using various platforms for remote consultation and monitoring. I suggest that you [register early](#) to avoid disappointment.

Finally, the 6th National Disability Insurance Scheme (NDIS)-Health Community of Practice (CoP) is coming up in early April. During this event on Thursday 2nd April, 3-4.30pm, RPBHG Project Officer Alex Cann will provide an overview of their NDIS Project which has developed a range of guides for clinicians, resources and supports for staff who support clients interacting with the NDIS. There will be opportunities to network and learn more about useful other resources/projects in WA Health. This will be a VC only event. Please [register here](#) if you are interested and we will keep you posted about whether there will be a face to face option.

Yours sincerely,

Barby Singer
Acting Unit Coordinator and Allied Health Clinical Lead
TRACS WA

SUBACUTE CARE NEWS

Featured - Apply to the TRACS WA Workplace Learning Fund

TRACS WA aims to help improve the quality of subacute care (SAC) services provided to Western Australians by offering access to the TRACS WA Workplace Learning Fund (WLF). Our aim is to support individuals, groups of health professionals or assistants working in SAC who want to further develop their knowledge and skills and make a positive contribution in the area of SAC.

We fund a range of activities outlined on the [TRACS WA website](#) and encourage you to contact us at tracsWA@health.wa.gov.au

News items

- [Falls Management Resources available on TRACS WA website](#)
- [TRACS WA Resources provide support for rural and remote clinician](#)
- [Using technology to facilitate delivery of rehabilitation services](#)
- [Older Adult Mental Health training](#)
- [Cardiac Rehabilitation and Secondary Prevention \(CRSP\) sessions](#)
- [Subacute Care Training at St John of God Hospital, Mt Lawley](#)
- [Amgen One Cardiovascular Academy Webinar](#)



GET IN CONTACT WITH TRACS WA

Email us via tracswa@health.wa.gov.au

"We are what we repeatedly do. Excellence then is not an act. But a habit."
- Aristotle

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